

Herbal Substances considered to be acceptable as Traditional Herbal Medicinal Products

IMB Guideline – Version 6.1, February 2012

<b>BOTANICAL NAME</b>	<b>COMMON NAME</b>	<b>COMMENT (Plant part)</b>	<b><sup>1</sup>HMPC MONOGRAPH</b>	<b>THMP application received</b>
<i>Aesculus hippocastanum</i> <b>L.</b>	Horse Chestnut	Seed	✓ F	✓
<i>Aloe barbadensis</i> . <b>Miller</b> (Syn <i>A.vera</i> L.)	Barbados Aloes	Resin contains anthraquinone glycosides (aloin)	✓ F	X
<i>Aloe ferox</i> <b>Miller</b>	Cape Aloes		✓ F	X
<i>Arctostaphylos</i> <i>uva-ursi</i> <b>L. Spreng</b>	Bearberry	Leaf (Diuretic)	✓ F	X
<i>Arnica Montana</i> <b>L</b>	Arnica	Flower	✓ R	✓
<i>Avena sativa</i> <b>L</b>	Oat	Seeds	✓ F	✓
<i>Betula pendula</i> <b>ROTH</b>	Birch	Leaf, bark	✓ F	✓
<i>Borago officinalis</i> <b>L</b>	Borage; Starflower	Oil, leaves if free from pyrrolizidine alkaloids	X	X
<i>Capsicum annuum</i> <b>L</b>	Pepper	Fruit	C	✓
<i>Cassia angustifolia</i> <b>M. Vahl</b> (Syn <i>Cassia senna</i> L.)	Senna – Indian (Tinnevely) Senna – Egyptian (Alexandrian)	Contains anthraquinone glycosides (laxative)	✓ F	✓
<i>Cassia acutifolia</i> <b>Delile</b>			✓ F	X
<i>Chrysanthemum vulgare</i> <b>L. Bernh.</b> (Syn <i>Tanacetum vulgare</i> )	Tansy	Content of thujone must be restricted	X	X
<i>Cimicifuga racemosa</i> <b>L.</b> <b>Nutt</b> (Syn <i>Actaea racemosa</i> )	Black Cohosh	Rhizome	✓ (WEU) <sup>2</sup>	X
<i>Crataegus oxyacantha</i> <b>Thuill</b>	Mayflower	Fruit, Alcoholic extract	✓ R	✓
<i>Crataegus monogyna</i> <b>Jacq</b>	Common hawthorn	Fruit, Alcoholic extract	✓ R	✓

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<i>Cynara scolymus</i>	Globe artichoke	Leaf	✓ F	✓
<i>Echinacea angustifolia</i> DC	Narrow-leaved coneflower	Root	✓ F	X
<i>Echinacea pallida</i> (Nutt)	Pale coneflower	Root	✓ F	X
<i>Echinacea purpurea</i> L	Purple coneflower	Herb; root	✓ F	✓
<i>Equisetum arvense</i> L	Horsetail	Aerial parts	✓ F	✓
<i>Glycyrrhiza glabra</i> L	Liquorice	Root	✓ P	✓
<i>Ginkgo biloba</i>	Maidenhair		R	✓
<i>Harpagophytum procumbens</i> DC	Devils claw	Root	✓ F	✓
<i>Harpagophytum zeyheri</i>				
<i>Hedera helix</i> L	Ivy	Leaf	✓ F	✓
<i>Humulus lupulus</i> L	Hop	Strobile	✓ F	✓
<i>Hydrastis Canadensis</i> L	Goldenseal	Root, rhizome	X	✓
<i>Hypericum perforatum</i> L	St. John's Wort	Herb	✓ F	✓
<i>Inula helenium</i> L	Elecampane	Root	X	✓
<i>Juglans regia</i> L	Walnut	Fruit	D	X
<i>Linum usitatissimum</i>	Linseed	Seed	✓ C	✓
<i>Matricaria recutita</i> L	German Chamomile	Flower heads	D	✓
<i>Ononis Spinosa</i> L	Spiny restharrow			
<i>Melissa officinalis</i> L	Lemon balm	Leaf	✓ C	✓
<i>Mentha piperita</i> L	Peppermint	Herb	✓ F	✓
<i>Passiflora incarnata</i> L	Passionflower	Herb	✓ F	✓
<i>Peumus boldus</i> Molina	Boldo	Leaf	✓ F	✓
<i>Picea abies</i> L	Spruce	Shoot	X	✓

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<i>Pygeum africanum</i>	African	Fruit	X	X
<i>Rhamnus purshiana DC</i>	Cascara	Bark (Laxative properties)	✓ F	X
<i>Rhamnus frangula L</i>	Frangula; Alder buckthorn	Bark ( “ “ )	✓ F	✓
<i>Rheum officinale Baill</i>	Rhubarb	} Underground part Contains anthraquinone glycosides (laxative)	✓ F	✓
<i>Rheum palmatum L</i>	Rhubarb		✓ F	✓
<i>Ruscus aculeatus L</i>	Butchers broom	Shoots, rhizome	✓ F	X
<i>Salvia officinalis L</i>	Sage	Leaves and oil (content of thujone to be restricted)	✓ F	✓
<i>Serenoa repens</i> (C.Bartram) J.K. Small	Saw Palmetto	Fruits	✓ R	✓
<i>Silybum marianum L</i>	Milk Thistle	Fruit, seed	✓ R	✓
<i>Solidago virgaurea L</i>	Goldenrod	Herb	✓ F	✓
<i>Symphytum officinale L.</i>	Comfrey Root	External use only; contains pyrrolizidine alkaloids	✓ P	X
<i>Tanacetum parthenium L.</i>	Feverfew		✓ F	X
<i>Taraxacum officinalis</i> Weber	Dandelion	Root and herb	✓ F	✓
<i>Thymus vulgaris L</i>	Thyme	Herb; oil	✓ F	✓
<i>Uncaria tomentosa</i> (Wild.ExSchottDC)	Cat's claw	Root, bark	✓ R	X
<i>Urginea maritima L Baker</i>	Red squill	Bulb	X	✓
<i>Valeriana officinalis L.</i>	Valerian	Root	✓ F	✓
<i>Vitex agnus-castus L</i>	Chasteberry; Chaste tree	Fruit	✓ F	✓

**Total**

**57**

**38**

<sup>1</sup> HMPC Monograph X = no HMPC monograph  
C = Call for scientific data  
R = HMPC monograph      Rapporteur assigned  
P = draft published  
F = HMPC      “      Finalised

<sup>2</sup> WEU = Well established use application only